



Dublin
 Mill Run
 Northeast
 Lewis Center

Register your child for Syntero Summer Groups!

Syntero summer groups are back by popular demand!

From Elementary to High School, all students are welcome!

All Groups are **FREE** to any student in Dublin, Grandview, Hilliard & Upper Arlington City Schools.

Locations in Hilliard, Dublin, and Upper Arlington!

** The opinions, products, activities and/or services of this organization are neither sponsored nor endorsed by the school district **

Registration opens May 1, 2018. Slots will fill up fast!

Group Topics	Grade	Description
Angry Birds	3-5	Students learn how to control anger and express themselves in safe ways.
Busy Bees	3-5	Group focusing on improving focus/attention, impulse control, and social skills.
Zones of Regulation	K-2, 3-5	Identifying feelings, emotions, and self-regulation.
Surviving Middle OR High School	5-6 9-12	Students learn skills to decrease fears and increase self-advocacy, autonomy, and ways to cope with transitioning to middle or high school.
Be Your B.E.S.T	6-9	Girls group promoting positive self-image, being yourself, healthy relationships and focusing on Being your B.E.S. T (Beating Every Stereotype Together).
Jedi Mindtricks	3-5, 6-8	Star Wars themed group that uses mindfulness to manage worries and other negative feelings.
Superflex Social Detectives	3-5 6-8	Students learn strategies to promote self-regulation and social thinking, while also paying attention to the expectations that surround them.
Worry Warriors Get Some Hope, Learn to Cope	3-5 6-8, 9-12	Students learn to identify/replace negative thoughts, and learn general coping skills and strategies to manage symptoms of anxiety.
Why Try	6-8	A resiliency curriculum focusing on teaching social and emotional principles to increase motivation and academic success
Building Champions	3-5, 6-8	Boys empowerment group focusing on making positive choices, improving confidence, and peer connections.
Harry Potter	6-8	A group with a Harry Potter theme to help develop positive mindset, understand anxiety and stress, and learn coping skills.
Friendships	K-2, 3-5	How to get along with others, make friends, and make good choices with others.

For more information or to register:

Visit: <http://www.signupgenius.com/go/30e0c45a4ae2ca0fd0-syntero1>

Contact Larysa Gilbert: lgilbert@syntero.org

