

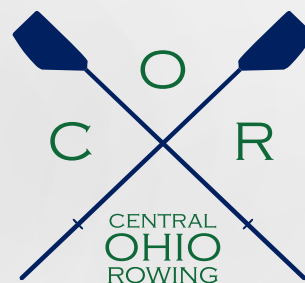


READY, SET ROW!

**JOIN OUR CREW!
CENTRAL OHIO ROWING IS
RECRUITING FOR THE 2025
SPRING SEASON!**



Ready to Make Waves? Find out more and
sign up at www.centralohiorowing.org!



COR: A Premier Rowing Program with Unique Advantages

- **Location:** Row on Griggs Reservoir, 6 km of protected, low-current water—ideal for year-round rowing.
- **Experienced Coaches:** 65+ years of combined coaching experience, committed to long-term athlete development.
- **College Success:** Athletes row at top universities like OSU, Indiana, Clemson, and Marietta.
- **Recruitment Support:** Coaches provide expert guidance and recruitment connections.
- **Competitive Excellence:** Regularly qualify for USRowing Youth Nationals and Head of the Charles Regatta.
- **National Recognition:** Only Columbus club competing at Head of the Charles, qualified for 2025.
- **Premier Club:** A unique, nationally recognized rowing program dedicated to athlete success.

Practice Dates and Cost:

(all practices take place at Griggs Reservoir)

Recreation/\$300: April 7th - May 10th.
Tuesday & Thursday

Novice/\$825: March 3rd - May 20th.
Monday - Thursday & Saturday

Varsity/\$900: February 24th - May 20th
(June 15th for YN qualifying crews).
Monday-Friday & Saturday

*Participants must be currently enrolled in grades 7-12.
No experience needed. All athletic abilities are welcome!*