K-12 Health and Wellness Course of Study Addendum

(effective October 2023)

In response to new legislation, Senate Bill 288, the Hilliard City Schools K-12 Health and Wellness Course of Study will incorporate this addendum which includes the following revisions

A. Current Legislation, Research and Pedagogy for Health - the following replaces letters d-j. on pages 9-10 in the original K-12 Health and Wellness Course of Study.

- (d) In grades kindergarten through six, annual developmentally appropriate instruction in child sexual abuse prevention, including information on available counseling and resources for children who are sexually abused. Such instruction and information provided shall not be connected in any way to any individual, entity, or organization that provides, promotes, counsels, or makes referrals for abortion or abortion-related services. Upon written request of the student's parent or guardian, a student shall be excused from taking instruction in child sexual abuse prevention.
- (e) In grades kindergarten through six, instruction in personal safety and assault prevention, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in personal safety and assault prevention;
- (f) In grades seven through twelve, developmentally appropriate instruction in dating violence prevention education and sexual violence prevention education, which shall include instruction in recognizing dating violence warning signs and characteristics of healthy relationships, except that upon written request of the student's parent or guardian a student shall be excused from taking instruction in sexual violence prevention.

In order to assist school districts in developing a dating violence prevention education and sexual violence prevention education curriculum, the department of education and workforce shall provide on its web site links to free curricula addressing dating violence prevention and sexual violence prevention education. Such instruction and information shall not be connected in any way to any individual, entity, or organization that provides, promotes, counsels, or makes referrals for abortion or abortion-related services.

Each school district shall notify the parents and legal guardians of students who receive instruction related to child sexual abuse prevention and sexual violence prevention, as described under divisions (A)(5)(d) and (f) of this section, of all of the following:

- (i) That instruction in child sexual abuse prevention and sexual violence prevention is a required part of the district's curriculum;
- (ii) That upon request, parents and legal guardians may examine such instructional materials in accordance with this section;
- (iii) That upon written request of the student's parent or guardian, a student shall be excused from taking instruction in child sexual abuse prevention and sexual violence prevention.

If the parent or legal guardian of a student less than eighteen years of age submits to the principal of the student's school a written request to examine the dating violence prevention and sexual violence prevention instruction materials used at that school, the principal, within forty-eight hours after the request is made, shall allow the parent or guardian to examine those materials at that school.

- (g) Prescription opioid abuse prevention, with an emphasis on the prescription drug epidemic and the connection between prescription opioid abuse and addiction to other drugs, such as heroin;
- (h) The process of making an anatomical gift under Chapter 2108. of the Revised Code, with an emphasis on the life-saving and life-enhancing effects of organ and tissue donation;
- (i) Beginning with the first day of the next school year that begins at least two years after March 24, 2021, in grades six through twelve, at least one hour or one standard class period per school year of evidence-based suicide awareness and prevention and at least one hour or one standard class period per school year of safety training and violence prevention, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in suicide awareness and prevention or safety training and violence prevention;
- (j) Beginning with the first day of the next school year that begins at least two years after March 24, 2021, in grades six through twelve, at least one hour or one standard class period per school year of evidence-based social inclusion instruction, except that upon written request of the student's parent or guardian, a student shall be excused from taking instruction in social inclusion.
- (k). First aid, including a training program in cardiopulmonary resuscitation, which shall comply with section <u>3313.6021</u> of the Revised Code when offered in any of grades nine through twelve, safety, and fire prevention. However, upon written request of the student's parent or guardian, a student shall be excused from taking instruction in cardiopulmonary resuscitation.
 - B. Learning Progressions Chart this will replace the learnings progression chart found on page 34 in the original K-12 Health and Wellness Course of Study.

 Kindergarten Twelfth Grade Learning Progressions by Health Topic

Health Education Topics	K	1	2	3	4	5	6	7	8	9	10	11	12
Alcohol, Tobacco, & Other Drugs													
Body Systems													
Child Sexual Abuse Preventiion													
CPR/AED													

Exercise / Physical and Personal Health							
Growth and Development				*		*	
Interpersonal Relationships							
Nutrition							
Personal Safety (Assault Prevention)							
Personal Safety (Dating Violence & Sexual Violence Prevention							
Prescription Opioid Abuse Prevention							
Social Inclusion Instruction							
Suicide Prevention / Awareness							
Organ Donation							
Well Being							

Bolded topics denote a state mandate

 \star indicates grade level that includes Venereal Disease mandate. Refer to page 9, letter C, for information regarding Venereal Disease instruction student opt out.