

# Digital Wellness

EXPLORE HOW TO CREATE YOUR BEST DIGITAL FOOTPRINT



## Wellness



**Balance is Best. I will maintain a balance between digital and face-to-face interactions in life.**

## Citizenship



**Be Elite. I will be responsible and honest in today's digital world.**

## Etiquette



**It's Cool to Be Kind. I will choose to be positive with others online.**

## Safety



**Be Aware. I will be safe online and protect private information.**

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