



Heritage Middle School  
**eNews**



## Events

**6th into 7th – Parent Scheduling Meeting is Monday, February 25, 2019 – 7:00 pm-8:00 pm @Heritage MS**

[2019 – 2020 Course Information Videos](#) – Check out the teacher course videos on the Heritage website!



## Athletics

Anyone interested in Heritage Spring Sorts can follow the link below and sign up.

[https://docs.google.com/forms/d/e/1FAIpQLScOkOPij3\\_TY\\_F3LA1e0KiQUp5NBX1U0QDnbOhZy1H3C403Xw/viewform](https://docs.google.com/forms/d/e/1FAIpQLScOkOPij3_TY_F3LA1e0KiQUp5NBX1U0QDnbOhZy1H3C403Xw/viewform)

Athletes and parents can also find information on the Heritage website.

<https://www.hilliardschools.org/hms/athletics/spring-sports/>

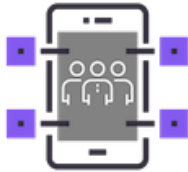
OHSAA Start Dates

February 18th - Baseball, Softball, Boys & Girls Lacrosse

March 4th - Boys & Girls Track, Boys Tennis, Boys Volleyball

Please visit the Heritage Website/Athletics for coach and specific sport information.

<https://www.hilliardschools.org/hms/athletics/>



## School Activities

Dodgeball Tournament Feb 22nd 6:30-8:30pm



## Important Dates

### Upcoming Events

**Feb 15<sup>th</sup> – No School**

**Feb 18<sup>th</sup>- No School**

**Feb 22<sup>nd</sup>- Dodgeball Tournament- 6:30-8:30pm**



## District News

### **Be Well Registration Open**

[Registration is now](#) open for "Be Well: A Parent University Event by Dublin and Hilliard City Schools" Choose from more than 100 sessions structured around student mental health and well-being. You can [register](#) for sessions in either district. This free event will take place at Darby High School and the Dublin Emerald Campus. You can come for one session or stay all day! Lunch will be provided free of charge for those spending the day with us.

### **Author Visit, Dr. Michelle Borba**

Dublin and Hilliard City Schools partnered in several community book talks this winter centered around the book *Unselfie: Why Empathetic Kids Succeed in Our All-About-Me World*. Now we'd like [to invite you to hear](#) from the author herself, Michele Borba, Ed.D. on February 20 at Darby High School at 6:30pm. This event is open to parents and staff from both communities.

### **Digital Wellness Month**

February is Digital Wellness month in Hilliard City Schools. Each week we will take a look at a different topic. Go to the [Digital Wellness page](#) to see some activities that families could use at home around being healthy and safe in the digital world.

This week we will be focused on Digital Etiquette.

### **Parent University - Teen Depression and Suicide**

The teenage years are full of many adventures and exciting growth but they can also be described as a rollercoaster of emotions. But how would you know if your child is just going through normal teenage highs and lows versus a more serious depressive disorder? Join us as we discuss normal adolescent brain development and the effect of depression on the teenage brain. On February 19<sup>th</sup> you can learn practical strategies to address depression should it affect your child or family. The session will be held at Weaver Middle School and begin at 6:30pm.

### **Hilliard's Transition Resource Fair for Students and Families with Disabilities**

Transition night is a free resource fair for students with disabilities and their families. It is designed to assist with future planning. This event will be in an Open House format so please join us to learn more about Adult Day Programs, Supported Living Options, Transportation, Home Care Services, Wills Estates and Trusts, Guardianship, Local Recreational Options, Employability and State Agency Support. The event will take place on February 26 from 4:30-6:30pm at Darby High School.

### **Hilliard Education Foundation Denim & Diamonds Event**

Come dance the night away while making a difference for Hilliard Schools' students at the fantastic Denim & Diamonds event, benefiting the Hilliard Education Foundation. This fun filled evening features:

- Live band, The Martini Affair;
- Heavy Hors D 'Oeuvres;
- Cash bar; and,
- Silent auction.

The event takes place on Friday, March 8 from 7-11 p.m. at the Columbus Vue. To purchase tickets or view sponsorship opportunities please visit the [HEF webpage](#).

### **Ready for Tomorrow Career Night**

Please join Hilliard City Schools and Dawson for a night to connect students and families with select businesses and colleges in our region for career exploration and job opportunities. Our second annual [Ready for Tomorrow Career Night](#) will take place on Wednesday, February 27 at Darby High School.

Students, parents and community members will learn about opportunities available after high school. We will have dozens of companies on hand to discuss career pathways, job readiness, tuition reimbursements and workforce experience programs. The event will run from 6:30 until 8pm.

### **Parent University – Parenting Gifted Children**

On Feb. 28 at 6:30pm at Memorial Middle School we are pleased to host Dr. Edward Amend, Lexington, KY Clinical Psychologist specializing in the social, emotional, and educational needs of gifted and talented youth and their families. HCSD is partnering with the South-Western City Schools to present "Outsmart Your Smart Child: Practical Strategies for Parenting Gifted Kids." Dr. Amend will review common myths about gifted children and

provide practical advice for parenting a gifted child. Topics of discussion will include fostering communication, developing discipline, improving motivation, managing stress, moderating perfectionism, and nurturing positive family relationships.

Hilliard City Schools | Heritage Middle School

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[hilliardschools.org/hms](http://hilliardschools.org/hms)



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**Community Subscribers:** Please use [SchoolMessenger Subscriber Portal](#) to update your email and preferences.

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parents, students, and staff through voice, SMS text, email, and social media. If you have received this message in error you can [remove your email](#)