

Hilliard City Schools | Ready for Tomorrow



# THE HERITAGE E NEWS

Heritage Middle School Electronic News and Information

**December 14<sup>th</sup> 2018**

## **Upcoming Events**

December 18 - College Credit Plus information/counseling session @ Darby at 6:30 - All students who plan to take college courses next year should attend this meeting to understand the procedure to enroll, pros and cons of the program and to understand all of the rules and laws that make up College Credit Plus.

Dec 24<sup>th</sup>- Jan 6<sup>th</sup>- Winter Break

Jan 7<sup>th</sup> 2019! - Students Return to School

## **Media Center News:**

### **Book Fair -**

Thank you to all who supported our school book fair this week! We had a great turn out and it was great seeing all of the students!

### **Kroger Community Rewards Program**

Want to help The Heritage Media Center but aren't sure how? Kroger has a great program called Kroger Community Rewards and they reward the organization of your choice with funds just because you shop there. We would use these funds to bring in speakers and fun events for our students to enjoy at Heritage!

Signing up is simple.

Visit <https://www.kroger.com/account/enrollCommunityRewardsNow/> to register your Kroger Plus card. The Media Center organization code is: PC168. Please feel free to reach out to Miss Stout at [emily\\_stout@hboe.org](mailto:emily_stout@hboe.org) if you have any questions!

### **SKI CLUB**

Ski Club: It's that wonderful time of year again...Ski Club Time. If your student plans to sign up for Ski Club, please have them do so as soon as possible. The \$100 bus fee is due December 19th. This will cover the bus fees for 6 trips. Also, please make sure your student is signed up with Mad River. Ms. Boza and Mr. Gingerich have all the details. Please contact them if there are any questions.

### **GSA Club**

GSA will be meeting Monday, December 17th after school in Mrs Boza's art room until 3:45. Anyone is welcome!

### **Spanish Club**

Spanish Club's next meeting will be Tuesday after school. We'll be learning about Posadas, a Christmas tradition in Mexico. Please see Sra. E. Lybbert with any questions.

### **Chinese Club**

After School on Tuesday Dec 18<sup>th</sup>

### **Engineering Partnership with OSU**

Davidson students have been given the unique opportunity to work with The Ohio State University on real world engineering projects. You can read more about this program in our [Ready for Tomorrow blog](#). This week we have a guest author from The Ohio State Office of Energy and Environment.

### **Parent University – Book Talks**

Hilliard and Dublin City Schools are partnering in several community book talks centered around the book [Unselfie: Why Empathetic Kids Succeed in Our All-About-Me World](#), By Michele Borba, Ed.D. You can [watch a short video](#) explanation and sign up today!

### **Information about Vaping**

Joyce Brickley the principal at Darby High School recently sent this home to her High School parents, and I thought this would be a good message for our parents to see as well. We unfortunately are also seeing some students with these products and they can be very dangerous to middle students and their development.

Thanks,

Matt Trombitas  
Principal

### **IMPORTANT MESSAGE ABOUT VAPING TRENDS**

The high school administrative team and our School Resource Officers need your help. Please review all the information below:

- Have conversations with your child, and
- Take appropriate action (See below under the “What can you do?” section).

Over the last few months, our administrative team has dealt with more and more students who are vaping (the act of inhaling vapor through a personal vaporizer). Some students are using a Juul, which is a vaporizer that looks very similar to a USB device. The content that is vaped through a Juul is contained in a “pod.” We have confiscated a number of Juuls and Juul pods, and we are responding to reports of students “juuling” in restrooms and stairwells. Students who have been in possession of, used, or distributed pods received appropriate discipline per the Student Code of Conduct.

We care about our students’ health and wanted to make sure you knew of this trend. Bold marketing, endless flavor choices, and a plethora of online “vapor trick” tutorial videos have increased its appeal with students.

Following are some examples of Juuls, pods, and Juul chargers:

*Why should our school community be concerned?*

- According to the Juul website, one Juul pod is equivalent to smoking a pack of cigarettes.
- Juuls and Juul pods are purchased anywhere (online, grocery stores, gas stations). While a person must be 18 years old to purchase nicotine products, under-age students are purchasing them from other students.

- Their use is very well hidden:
  - Juuls and juul pods look like USB devices and are charged on laptops and PCs.
  - The smell is masked with fruity smells, such as bubble gum, mango, citrus.
  - The vapor does not linger.
- Juul pods can be modified to contain other drugs including liquid THC.
- The true nature or purpose of the device is hidden in plain site.

*What resources are available for more information?*

Safe Kids America, a non-profit organization dedicated to protecting youth, has developed a resource to educate parents about vaping. This resource contains pictures of devices, detailed information on e-cigarettes containing nicotine or marijuana, and the impact vaping has on the teen brain. [Click here for this resource.](#)

*What can you do?*

- Educate yourself about the ever-changing drug culture impacting society today.
  - ['Juuling': The most widespread phenomenon you've never heard of](#)
  - [Teen Vaping: What You Should Know](#)
- Join the [Operation: Street Smart](#) Facebook page or visit [their website.](#)
- Be aware of the signs of vaping:
  - Fruity aroma - most e-liquids have flavors like mint, vanilla, and fruit punch.
  - Unfamiliar hand-held gadgets - pens, Juul (specific brand popular with students that can resemble a computer memory stick).
  - Increased thirstiness - some of the chemicals in e-cigarettes cause dry mouth.
  - Caffeine sensitivity - students may become sensitive to caffeine and they may stop drinking it.
  - Different batteries and chargers - vaporizers need to be charged, some use a USB cable while others have unique batteries.
  - Discarded atomizers - the atomizers turn the e-juice into vapor and are disposable.
- Continue to have conversations with your child/children about the dangers of vaping and other forms of drug use.

Staying aware of the ever-changing drug culture impacting society today is difficult. However, knowledge is power. With the opioid epidemic in Ohio, the more knowledge we have about these types of potential gateway drugs, the better equipped we will be to support our students and community.

