

December 7th 2018

Upcoming Events:

College Credit Plus information/counseling Session: December 18 - College Credit Plus information/counseling session @ Darby at 6:30 - All students who plan to take college courses next year should attend this meeting to understand the procedure to enroll, pros and cons of the program and to understand all of the rules and laws that make up College Credit Plus.

Dec 24th- Jan 6th- Winter Break Jan 7th 2019! - Students Return to School

Information about Vaping:

Joyce Brickley, the principal at Darby High School, recently sent this home to her High School parents, and I thought this would be a good message for our parents to see as well. We unfortunately are also seeing some students with these products and they can be very dangerous to middle students and their development.

Thanks

Matt Trombitas Principal

IMPORTANT MESSAGE ABOUT VAPING TRENDS:

The high school administrative team and our School Resource Officers need your help:

- Please review all the information below,
- Have conversations with your child, and
- Take appropriate action (See below under the "What can you do?" section).

Over the last few months, our administrative team has dealt with more and more students who are vaping (the act of inhaling vapor through a personal vaporizer). Some students are using a <u>Juul</u>, which is a vaporizer that looks very similar to a USB device. The content that is vaped through a Juul is contained in a "pod." We have confiscated a number of Juuls and Juul pods, and we are responding to reports of students "juuling" in restrooms and stairwells. Students who have been in possession of, used, or distributed pods received appropriate discipline per the Student Code of Conduct.

We care about our students' health and wanted to make sure you knew of this trend. Bold marketing, endless flavor choices, and a plethora of online "vapor trick" tutorial videos have increased its appeal with students.

Why should our school community be concerned?

- According to the <u>Juul website</u>, one Juul pod is equivalent to smoking a pack of cigarettes.
- Juuls and Juul pods are purchased anywhere (online, grocery stores, gas stations). While a person must be 18 years old to purchase nicotine products, under-age students are purchasing them from other students.
- Their use is very well hidden:
 - Juuls and juul pods look like USB devices and are charged on laptops and PCs.
 - The smell is masked with fruity smells, such as bubble gum, mango, citrus.
 - The vapor does not linger.
- Juul pods can be modified to contain other drugs including liquid THC.
- The true nature or purpose of the device is hidden in plain site.

What resources are available for more information?

Safe Kids America, a non-profit organization dedicated to protecting youth, has developed a resource to educate parents about vaping. This resource contains pictures of devices, detailed information on e-cigarettes containing nicotine or marijuana, and the impact vaping has on the teen brain. <u>Click here for this resource</u>.

What can you do?

- Educate yourself about the ever-changing drug culture impacting society today.
 - o <u>'Juuling': The most widespread phenomenon you've never heard of</u>
 - Teen Vaping: What You Should Know
- Join the Operation: Street Smart Facebook page or visit their website.
- Be aware of the signs of vaping:
 - Fruity aroma most e-liquids have flavors like mint, vanilla, and fruit punch.
 - Unfamiliar hand-held gadgets pens, Juul (specific brand popular with students that can resemble a computer memory stick).
 - Increased thirstiness some of the chemicals in e-cigarettes cause dry mouth.
 - Caffeine sensitivity students may become sensitive to caffeine and they may stop drinking it.
 - Different batteries and chargers vaporizers need to be charged, some use a USB cable while others have unique batteries.
 - Discarded atomizers the atomizers turn the e-juice into vapor and are disposable.
- Continue to have conversations with your child/children about the dangers of vaping and other forms of drug use.

Staying aware of the ever-changing drug culture impacting society today is difficult. However, knowledge is power. With the opioid epidemic in Ohio, the more knowledge we have about these types of potential gateway drugs, the better equipped we will be to support our students and community.

Info From the Media Center

<u>Book Fair</u>

The Book Fair is back! HMS will be hosting a book fair from December 10-14th in the Media Center. We will be open everyday from 7:30-3pm. There are so many great things this year: graphic novels, fiction books, childrens books and fun classroom supplies! Cash, check and credit cards are accepted!

We will have special hours for parents to come in and shop if wanted before the holiday season:

-Monday until 4:30pm -Wednesday until 5:30pm

If you have any questions regarding the book fair feel free to email Miss Stout at emily_stout@hboe.org.

Kroger Community Rewards Program

Want to help The Heritage Media Center but aren't sure how? Kroger has a great program called Kroger Community Rewards and they reward the organization of your choice with funds just because you shop there. We would use these funds to bring in speakers and fun events for our students to enjoy at Heritage! Signing up is simple.

Visit <u>https://www.kroger.com/account/enrollCommunityRewardsNow/</u> to register your Kroger Plus card. The Media Center organization code is: PC168. Please feel free to reach out to Miss Stout at emily_stout@hboe.org if you have any questions

ATHLETICS:

Hello everyone,

My name is Jay Smith and I am the Assistant Athletic Director serving Heritage Middle School and Darby High School. As we head into our first week of regular season events I wanted to be sure that everyone has the same information. Hilliard Heritage and Hilliard Darby do charge admissions to athletic events. I do not want this to be a surprise as you plan to attend your child's events. Home events will cost Adults \$5, Students/Sr. \$3 and under 5 is Free (Middle School Events), while Adults \$7, Students/Sr. \$5 and under 5 Free (High School Events.). All admissions collected to go directly back into supporting all programs at Heritage and Darby. This is the bulk of our athletic budget from year to year. We do offer Athletic Passes, that cover both Heritage and Darby events, for purchase in the Athletic office. Attached is information on ordering athletic passes for the Winter/Spring seasons. Prices have been prorated to reflect that 2/3 of the Athletic Year remains. Please let me know if you would like additional information or contact the Darby Athletic Office. (614) 921 - 7330

Also be prepared to pay admissions at many of the AWAY games as most schools are in the same situation. The one thing we ask is that you do not take out any frustrations on ticket works. These people are doing their school a great service by helping with these events.

Thank you for your continued support of Heritage Middle School and Darby High School.

Go Panthers!

Boys Lacrosse Heritage Lax Flyer.pdf

Girls Lacrosse Youth Lax info.pdf

National Junior Honors Society

Mrs. Geoit and Ms. Japer will be offering a help session for the 2018-19 NJHS application process during lunches on Dec 12th. Please print and bring the application on Heritages' main webpage under the news and info tab with you if interested. <u>https://www.hilliardschools.org/hms/wp-content/uploads/sites/7/NJHS-Application-2018-2019.pdf</u>

ART NEWS

ART CLUB: Art Club will be meeting next Wednesday, December 12th after school until 3:30 in rm 145.

<u>SKI CLUB</u>

Please make sure you turn in your bus money to Mrs. Boza (\$100 made out to HCSD) and register online at Madriver Mountain.