

## Welcome



## Fall Parent Meeting 2018

### **Athletic Department**

- Athletic Director: Chris Ludban
- Assistant Athletic Director: Jay Smith
- Athletic Secretary: Monica Bell

Emails: <a href="mails:chris\_ludban@hboe.org">chris\_ludban@hboe.org</a>
<a href="mails:chris\_ludban@hboe.org">jay\_smith@hboe.org</a>
<a href="mails:chris\_ludban@hboe.org">monica\_bell@hboe.org</a>

Phone: 614-921-7330

Website: http://hilliardschools.org/darbypanthers

Follow us on Twitter: HDarbyAthletics

### Introduction of H.S. Coaches

- Varsity Football: John Santagata
- Varsity Boys Soccer: Kyle Reichle
- Varsity Girls Soccer: Dan Brady
- Varsity Boys XC: Matt Fox
- Varsity Girls XC: Jon Agriesti
- Varsity Girls Tennis: Shawn Morris
- Varsity Cheerleading: Amie Clark
- Varsity Girls Volleyball: Stephanie Dietrich
- Varsity Girls Golf: Clay Rice
- Varsity Boys Golf: Brent Bower

### Introduction of M.S. Coaches

- M.S. Football: Billy Martin & Brett Maniaci
- M.S. Volleyball: Maura Danko, Paige Hayes, Anne Wilcox
- M.S. Golf: Adam Heaston
- M.S. Cheerleading: Lindsay Karaoglan & Megan Woda
- M.S. Cross Country: Taylor Clay
- M.S. Boys Soccer: Phil Seagraves
- M.S. Girls Soccer: Tom Gordon
- M.S. Tennis: Angela Kraynak
- M.S. Gymnastics: Brian Grier

## **Darby Athletic Boosters**

### Who is it?

- Classic booster club supporting all teams
- About 50 trustees, 26 Darby teams plus Heritage
- Parents, family and fans

### What does it do?

- Raise funds
- Give it to the teams and kids
- Communicate
  - Facebook: Hilliard Darby Athletic Boosters
  - Website: HDAB.org

### HDAB.ORG gives it away

- Give it back
  - All awards
  - Teams earn money and can spend at coach's discretion
    - meeting attendance
    - spirit wear
    - concessions
    - fund raising participation
  - Senior awards (scholarships)

## Darby Boosters - Get Involved

- How can you get involved:
  - 1) Meetings are held every 3<sup>rd</sup> Monday of the month. Next meeting is Aug. 20<sup>th</sup> @ Darby, 7:00 pm.
  - 2) Become a trustee for your child's team.
  - 3) Help work concession stands.
  - 4) Help with fundraising.

## Athletic Booster Golf Outing

WHEN

Saturday, September 15<sup>th</sup>, 2018

1:00 Registration

2:00 Shotgun Start (Scramble)

WHERE

Safari Golf Club

4850 Powell Rd., Powell, OH 43065

**ENTRY FEE** 

\$85 per player

- Checks payable to: HDAB P.O. Box 996 Hilliard, OH 43026
- Dead line: Sept. 1st

## Chris Hite and Thad Apel

- Mr. Apel is in his 22<sup>nd</sup> year in Hilliard.
- Partnership with Ohio Health
  - Chris Hite is in his 6<sup>th</sup> year as our head trainer.
- All medical issues should go through these two.
  - Enable us to work closely with you and our team Doctor.

Contact Email: <a href="mailto:thad\_apel@hboe.org">thad\_apel@hboe.org</a>
<a href="mailto:chris\_hite@hboe.org">chris\_hite@hboe.org</a>

### **Heat Stroke**

- ▶ High Body Temp (104+)
- Lack of sweating
- Flushed skin
- Rapid breathing
- Racing heart rate
- Headache
- Neurological symptoms
- Muscle cramps

### **Heat Exhaustion**

- Cool, moist skin with goose bumps in heat
- Heavy sweating
- Faintness and dizziness
- Fatigue
- Weak, rapid pulse
- Low blood pressure upon standing
- Muscle cramps
- Nausea
- Headache

### **MRSA**

#### WHAT IS IT?

•Methicillin-resistant Staphylococcus Aureus (MRSA) is a type of staph bacteria that is resistant to certain antibiotics such as methicillin, penicillin and amoxicillin.

#### PREVENTION

- Wash hands frequently
- Shower after practices and games
- Do not share towels or soap
- Clean and cover open wounds
- Avoid cold tubs if you have an open wound
- •DO NOT IGNORE SKIN INFECTIONS, PIMPLES, PUSTULES, ABCESSES, ETC. GET IT CHECKED!

### Concussions

- Brain injury; All brain injuries are serious!
- Symptoms: appears dazed, vacant facial expressions, confused about simple tasks, forgetful, displays poor coordination, answers questions slowly, slurred speech, behavior or personality changes, seizures or convulsions, loses consciousness.
- If you notice any of these symptoms see our trainers or a doctor!
- Baseline test: Impact test
- You will have to complete a concussion acknowledgement form.

### Lindsey's Law – Sudden Cardiac Arrest

### Steps to complete:

- 1) Visit Darby Athletic Website to watch video and review the handout.
- 2) Be sure to acknowledge this in Home Access
- 3) If you have a new physical form, you may have already signed off. You still must sign off in Home Access as well. (3 Physical Forms)

Preferred Hospital	Children's Hospital	Children's Hospital					
Dentist Name	Jo Jo Strickler	Jo Jo Strickler					
Athletes Only: Insurance Provider Name	Aetna	Aetna					
Athletes Only: Insurance Policy Number	W1776 69814	W1776 69814					
	Athletes Only: Travel Form sign-off	No					
	Athletes Only: Risk Acknowledgement sign-off	No					
	Athletes Only: Athletic Handbook sign-off	No					
	Athletes Only: Concussion form acknowledgement	No					
Athletes Only: Parent Meeting Signoff	Select						
Athletes Only: Sudden Cardiac Arrest Signoff	Student Athlete & Parent have viewed video and read informational handout	Student Athlete & Parent have viewed video and read informational handout					
Athletes Only: Parent Signature							
One2One Loan Agreement *	Yes - my child may bring their iPad home 💙	Yes - my child may bring their iPad home					
Student Handbook acknowledgement *	Received but not read V	Received but not read					
Save, not yet submitted Spell Check							
□ Documents							
Items can be Uploaded here Optional - For new student enrollments, you may upload the required documents (as previously outlined in Step 2) using the 'Click here to upload new file' link below.							
Click here to upload new file							
Admin Uploaded Files							

Download

Download

Download

Download

<u>Download</u>

<u>Download</u>

<u>Download</u>

Title

Athletic Handbook

Concussion Information Form

Athletic Travel Risk Form

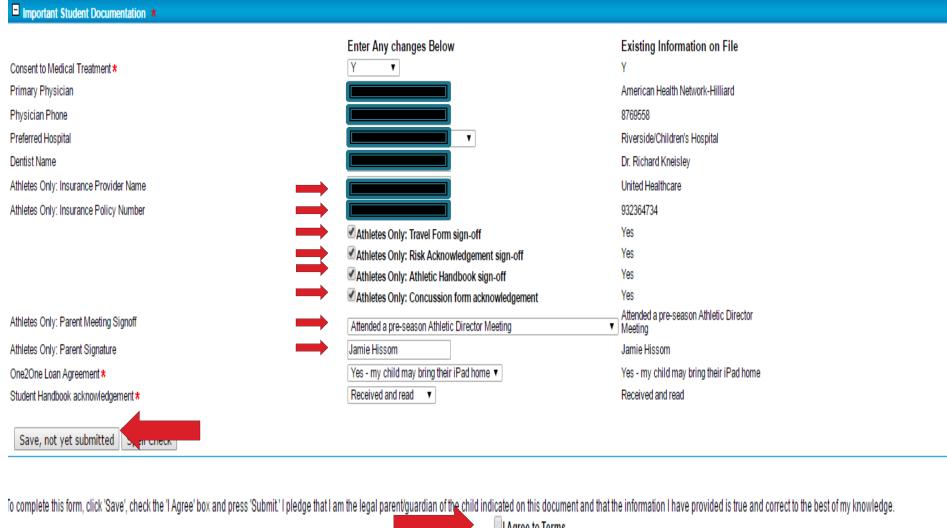
One2One Loan Agreement

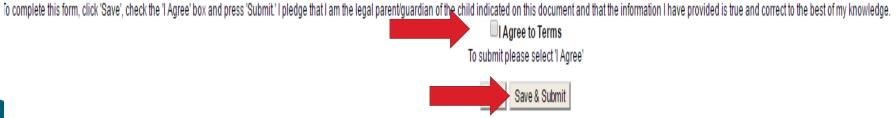
Sudden Cardiac Arrest Information

Student Handbook - High School

### HOME ACCESS

- Make sure contact information is up to date!
- "Medical and Miscellaneous Information"
  - Enter insurance information
  - Sign-off on Forms (viewable PDF of all forms available)
    - Travel Permit
    - Risk Acknowledgement
    - Athletic Handbook Acknowledgement
    - Concussion Risk Acknowledgement
    - Parent Meeting Sign Off
    - Sudden Cardiac Arrest Acknowledgement





### PAY TO PLAY – NEW

Link to <a href="https://www.mypaymentsplus.com">www.mypaymentsplus.com</a> to pay Participation Fees. Aug. 1st this will be live to pay

If you are on free or reduced lunch:

Your Pay To Play is also prorated

Free Lunch: Pay to Play free

Reduced Lunch: H.S. \$50, M.S. \$40

### Athlete Must Haves

- Physical good for one year from date of physical (New form from OHSAA on athletics website.)
- Emergency contacts, insurance information and consent for treatment updated on HCSD Home Access.
- Travel Permit, Athletic Manual, Risk Acknowledgement, Parent Meeting Sign Off, Sudden Cardiac Arrest, and Concussion Acknowledgement "checked" online.
- Participation Fee: \$100 for HS or \$80 for MS
   (payable on-line or in Athletic Office only!)

## Hall of Fame Requirements

- An athlete is eligible for the Athletic Hall of Fame membership from the Hilliard High School from which he/she has graduated. For membership an athlete must meet a minimum of TWO of the requirements listed below.
- 1) Nine Varsity Letters
- 2) Two MVP Awards in the same school year
- 3) A total of three MVP's in the high school career
- 4) Be recognized as a High School All-American by a major national organization or set an official national high school record in a HCSD official sport.
- 5) Be named to the first team All-Ohio in a team sport, by a recognized wire service poll.
  - Football
  - G. Volleyball
  - B. Basketball
  - G. Basketball
  - Baseball
  - Softball

## Hall of Fame Requirements

- 6) Receive individual placement awards on the podium following an OHSAA state competition in an individual sport.
  - Cross Country
  - Tennis
  - Golf
  - Gymnastics
  - Swimming (Relay teams: top four)
  - Wrestling
  - Track & Field (Relay teams: top four)
- 7) Non-OHSAA sports must earn the following for membership:
  - Cheerleading: three MVP's in one year
  - Lacrosse: first team All-Ohio in Division I (Largest division)
  - B. Volleyball: first team All-Ohio (Largest division)
- 8) First Team All Conference

## Hall of Fame Requirements

9) The HCSD Athletic Council has the authority to place any graduate, coach or administrator into the Hall of Fame.

10) A person may be denied Hall of Fame membership due to violation of the student Code of Conduct. A Hall of Fame recipient must remain a citizen in good standing or they may be removed from the Hall of Fame. Subject to review by Athletic Council.

## College Athletic Information

#### **DIVISION I**

Division I schools, on average, enroll the most students, manage the largest athletics budgets, offer a wide array of academic programs and provide the most athletics scholarships.

#### **PARTICIPATION**

- 176,000 student-athletes
- 346 colleges and universities

#### ATHLETICS SCHOLARSHIPS

56 percent of all student-athletes receive some level of athletics aid

#### **ACADEMICS**

2014 Graduation Success Rate: 83 percent\*

#### OTHER STATS

Median Undergraduate Enrollment: 9,205 Average Number of Teams per School: 19 Average Percentage of Student Body Participating in Sports: 4 percent Division I National Championships: 26 (1 out of every 8.5 student-athletes participates)

#### **DIVISION II**

Division II provides growth opportunities through academic achievement, high-level athletics competition and community engagement. Many participants are first-generation college students.

#### PARTICIPATION

- 118,800 student-athletes
- · 307 colleges and universities

#### ATHLETICS SCHOLARSHIPS

61 percent of all student-athletes receive some level of athletics aid

#### **ACADEMICS**

2014 Academic Success Rate: 71 percent\*

#### OTHER STATS

Median Undergraduate Enrollment: 2,530
Average Number of Teams per School: 15
Average Percentage of Student Body
Participating in Sports: 10 percent
Division II National Championships: 25
(1 out of every 7 student-athletes participates)

#### **DIVISION III**

The Division III experience provides an integrated environment that focuses on academic success while offering competitive athletics and meaningful non-athletics opportunities.

#### **PARTICIPATION**

- 187,800 student-athletes
- 439 colleges and universities

#### FINANCIAL AID

82 percent of all student-athletes receive some form of academic grant or need-based scholarship; institutional gift aid totals \$17,000 on average

#### **ACADEMICS**

2014 Academic Success Rate: 87 percent\*

#### **OTHER STATS**

Median Undergraduate Enrollment: 1,860
Average Number of Teams per School: 18
Average Percentage of Student Body
Participating in Sports: 21 percent
Division III National Championships: 28 (1 out of every 10 student-athletes participates)

## College Athletic Information



### NC44 Facts about NCAA sports

#### Does the NCAA award athletics scholarships?

Individual schools award athletics scholarships. Divisions I and II schools provide \$2.7 billion in athletics scholarships annually to more than 150,000 student-athletes. Division III schools, with more than 180,000 student-athletes, do not offer athletically related financial aid, but most student-athletes receive some form of academic grant or need-based scholarship.

#### Do many high school athletes earn athletics scholarships?

Very few, in fact. About 2 percent of high school athletes are awarded some form of athletics scholarship to compete in college.

Do NCAA student-athletes have difficulty meeting graduation requirements with the time demands of their sport? While competing in college does require strong time-management skills and some thoughtful planning with academic advisors, on average NCAA student-athletes graduate at a higher rate than the general student body.

#### Do many NCAA student-athletes go on to play professionally?

Fewer than 2 percent of NCAA student-athletes go on to be professional athletes. In reality, most student-athletes depend on academics to prepare them for life after college. Education is important. There are nearly half a million NCAA student-athletes, and most of them will go pro in something other than sports.

#### ESTIMATED PROBABILITY OF COMPETING IN NCAA ATHLETICS BEYOND HIGH SCHOOL

Student-Athletes	All Sports	Men's Basketball	Women's Basketball	Football	Baseball	Men's Ice Hockey	Men's Soccer
High School Student-Athletes	7,800,000	541,500	429,500	1,083,600	486,600	35,900	432,600
NCAA Student-Athletes	480,000	18,700	16,600	72,800	34,200	4,100	24,500
Percentage Moving from High School to NCAA	6%	3.5%	3.9%	6.7%	7%	11.3%	5.7%
Percentage Moving from NCAA to Major Professional*	2%	1.1%	0.9%	1.6%	9.7%	6.6%	1.4%

Percent NCAA to Major Professional figures are based on the number of draft picks made in the NFL, NBA, WNBA, MLB, NHL and MLS drafts

## Athletic Signing Dates

- Wednesday, November 14<sup>th</sup> @ 2:00 pm
- Wednesday, February 6<sup>th</sup> @ 2:00 pm
- Wednesday, April 17<sup>th</sup> @ 2:00 pm
- November & February dates will be for those athletes signing their National Letter of Intent. The April date will be for all student athletes continuing their athletic pursuits at the college level.

## Heritage Athletics/Eligibility

## THIS IS OUR 6<sup>th</sup> YEAR FOR THE 7–12 ATHELTIC PROGRAM!

We will have MS contests held in the Darby venues!

- 7<sup>th</sup>-9<sup>th</sup> grade: Must have earned a 1.5 GPA for the preceding grade period
  - Probation: between 1.5 1.75 GPA
  - Waiver: May be taken if GPA is below a 1.5. Good once during 7<sup>th</sup>-9<sup>th</sup> grade years.

## High School Eligibility

- ▶ 9<sup>th</sup> grade: Must have earned a 1.5 in the preceding grade period
  - Probation: between 1.5 1.75 GPA
  - Waiver: May be taken if GPA is below a 1.5. Good once during 7<sup>th</sup>-9<sup>th</sup> grade years.
- ▶ 10<sup>th</sup> -12<sup>th</sup>: Must have earned a 1.75 in the preceding grade period
  - Probation: between a 1.75 and 2.0 GPA
  - Waiver: May be taken if GPA is below a 1.75. Good once during their 10<sup>th</sup> -12<sup>th</sup> grade years.

## High School Eligibility

A student must be enrolled and pass 5 credits

Buds, Advanced Fitness for Athletes, Aerobics, any ¼ class etc. doesn't count towards the 5.

Let's look at some examples....

## High School Eligibility

Schedule #1		Schedule	Schedule #2		Schedule #3	
Math	Α	Orch.	В	Math	C	
Science	Α	Pre-Alg.	D	History	D	
Buds	Α	Health	C	Adv. Fit.	В	
English	В	Buds	C	Science	D	
Gov't	В	Science	F	Health	C	
		Gov't	D	Gov't	F	
				English	D	

## Day of the Game

- Students must be in school ALL DAY to be eligible to play that night.
  - If the game is on Saturday, they must be present on Friday
  - Excused items are: College visits, family emergencies, religious celebrations, and doctors appointments for check-ups (with stipulations)
  - Driver's test, senior pictures, a day out with mom or dad, etc....not excused

### Transportation in private vehicles

- Students may be permitted to drive or ride in private vehicles for trips under the following conditions:
- 1. No official school transportation is available.
- 2. They have pre-approved parental permission in writing to do so.
- 3. They are legally allowed to drive (i.e., not operating without a valid license).
- 4. They are not in an obvious physical or mental state that suggests they should not.
- 5. They voluntarily wish to drive and indicate they are properly insured.

### Behavior and Discipline:

- -It's a privilege, not a right to be a student-athlete & represent Darby.
  - Students may be removed from the team for the following offenses:
- ▶ 1. Use or possession of alcoholic beverages, drugs, or other mind-altering substances.
- 2. The use of tobacco in any form.
- > 3. Destroying or stealing athletic equipment.
- Violation of athletic manual rules, team rules, Board of Education policies, and/or O.H.S.A.A. rules.
- 5. Any conduct unbecoming of a student-athlete (in or out of school, 24/7, 365) may lead to removal or loss of time in a sport. Social media included!!!

### Tobacco, Alcohol, and Drug Policies.

- ▶ 365 day a year policy
- See Athletic Manual for details

### Social Media

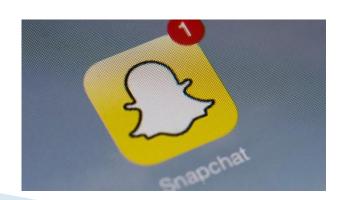












### Social Media

- Student athletes and parents need to refrain from commenting on social media regarding teammates, coaches, and opponents.
- Please remember social media is not the proper platform to discuss coaching and administrative decisions.
- Failure to comply to these may result in discipline in compliance with our good citizenship clause.

### Pictures on Phones

- To have inappropriate images on your phone can be a felony.
- To have inappropriate images on your phone can be child pornography.
- To have inappropriate images on your phone, parents can be charged.
- Your phone will be confiscated by the police and you may not get your phone back.

## Hazing

- Hazing means doing any act or coercing another, including the victim, to do any act of intimidation or harassment to any student or other organization that causes or creates a substantial risk of causing mental or physical harm to any person.
- Notify the coach, A.D., or the principals immediately!

## Bullying

- Bullying, harassment and intimidation is an intentional written, verbal, electronic or physical act that a student has exhibited toward another particular student more than once. The intentional act also includes violence within a dating relationship. The behavior causes both mental or physical harm to the other student and is sufficiently severe, persistent or pervasive that it creates an intimidating, threatening or abusive educational environment for the other student. This behavior is prohibited on school property, on a school bus or at a school sponsored activity. Students found responsible for harassment, intimidation or bullying by an electronic act may be suspended.
- Notify the coach, A.D., or the principals immediately!

## Uniforms and Equipment

- Once the items have been issued to the athletes, it is their responsibility to take care of that property.
- If anything gets lost or damaged the athlete is financially responsible for those items.
- PLEASE CLEAN PRIOR TO TURNING THEM IN!

### Coach Must Haves

- According to OHSAA Bylaw 6, coaches must meet the requirements of the Ohio Department of Education. They must have a Pupil Activity Permit (PAP) – issued by ODE upon verification of the following:
  - Current CPR Card
  - Completion of a Sport's first aid course
  - BCI/FBI Background Check
  - Completion the NFHS Fundamentals of Coaching course
  - Online-concussion form coaches must complete prior to renewing their PAP.
  - Sudden Cardiac Arrest Certification

### **Parents**

- Please know and demonstrate the fundamentals of sportsmanship
- Respect, cooperate, and respond enthusiastically to the cheerleaders, coaches, and athletes of all teams,
- Censure fellow spectators whose behavior is unacceptable
- Be positive toward players and coaches regardless of the outcome.
- Respect the judgment and the professionalism of the officials and coaches

# Communication with the AD and coaches

- ▶ 1. Athletes should approach the coach first
- 2. Parents should then contact the coach
- 3. Set up conference with AD and coach
- Realize that if you come to me with concerns first, I will immediately go to the coach
  - You may not hear what you want or expect to hear
  - Anonymous letters and emails will be disposed of.
  - We do not know until we know.

Athletic Website: hilliardschools.org/darbypanthers

Follow us on TWITTER: @HDarbyAthletics

### Meeting Rooms

- M.S. Football Main Gym
- M.S. Girls Soccer RM. 203
- H.S. Girls Soccer RM. 202 AB
- H.S. Boys Soccer RM. 244 AB
- M.S. Boys Soccer RM. 246
- H.S. & M.S. CHEER Media Center
- M.S. & H.S. VOLLEYBALL RM. 200
- M.S. & H.S. GIRLS TENNIS RM. 201
- Boys GOLF RM. 156
- Girls GOLF RM. 158
- M.S. GOLF RM. 160
- ▶ H.S. Boys XC: PAC
- H.S. Girls XC July 28<sup>th</sup>, 7:30
- M.S. Boys & Girls XC PAC