

**June 2024**

**Remind - @HDBFB9**

**Griffin Reed - griffin\_reed@hboe.org**

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3	4 Kids Camp 9-11:30am	5 Kids Camp 9-11:30am	6 Kids Camp 9-11:30am	7 OFF	8
9	10 Lifting 8-10am	11 Lifting 8-10am	12 OFF	13 Lifting 8-10am	14 OFF	15
16	17 Lifting 8-10am	18 Lifting 8-10am	19 OFF	20 Lifting 8-10am	21 OFF	22
23	24 Lifting 8-10am	25 Lifting 8-10am	26 OFF	27 Lifting 8-10am	28 OFF	29

**July 2024**

**Remind - @HDBFB9**

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SUN	MON	TUES	WED	THURS	FRI	SAT
30	1	2	3	4	5	6
7	8 Practice 6-8 pm	9 Lifting/Practice 8-10 am	10 OFF	11 Lifting/Practice 8-10 am	12 OFF	13
14	15 Practice 6-8 pm	16 Lifting/Practice 8-10 am	17 OFF	18 Lifting/Practice 8-10 am	19 OFF	20
21	22 Practice 6-8 pm	23 Lifting/Practice 8-10 am	24 OFF	25 Lifting/Practice 8-10 am	26 OFF	27
28	29 Practice 6-8 pm	30 OFF	31 OFF	1 Practice 8-11 am	2 Practice 8-11 am	3 Practice 8-11 am

# August 2024 Remind - @HDBFB9

Griffin Reed - griffin\_reed@hboe.org

SUN	MON	TUES	WED	THURS	FRI	SAT
4	5 Practice 8-11 am	6 Practice 8-11 am	7 Practice 8-11 am	8 Practice 8-11 am	9 Practice 8-11 am	10 <b>UA Scrimmage 10 am</b>
11	12 Practice 2:30-5:00 pm	13 Practice 2:30-5:00 pm	14 Practice 2:30-5:00 pm	15 <b>St. Charles Scrimmage</b>	16 Practice 2:30-5:00 pm	17 OFF
18	19 Practice 2:30-5:00 pm	20 Practice 2:30-5:00 pm	21 Practice 2:30-5:00 pm	22 Practice 2:30-5:00 pm	23 Practice 2:30-5:00 pm	24
25	26 Practice 2:30-5:00	27 Practice 2:30-5:00 pm	28 Practice 2:30-5:00 pm	29 Practice 2:30-5:00 pm	30 Practice 2:30-5:00 pm	31