

June 2023

Remind - @HDBFB9

Griffin Reed - griffin_reed@hboe.org

SUN	MON	TUES	WED	THURS	FRI	SAT
		30 Camp 1-3	31 Camp 1-3	1 Camp 1-3	2 OFF	3
4	5 Lifting 8-10	6 Lifting 8-10	7 OFF	8 Lifting 8-10	9 OFF	10
11	12 Lifting 8-10	13 Lifting 8-10	14 OFF	15 Lifting 8-10	16 OFF	17
18	19 Lifting 8-10	20 Lifting 8-10	21 OFF	22 Lifting 8-10	23 OFF	24
25	26 Lifting 8-10	27 Lifting 8-10	28 OFF	29 Lifting 8-10	30 OFF	

July 2023

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SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3 OFF	4 OFF	5 OFF	6 OFF	7 OFF	8
9	10 Practice 8-11:30	11 Practice 8-11:30	12 OFF	13 Practice 8-11:30	14 OFF	15
16	17 Practice 8-11:30	18 Practice 8-11:30	19 7 on 7 Scrimmage 10-12	20 OFF	21 OFF	22
23	24 College Camp w/Varsity	25 Practice 8-11:30	26 Practice 8-11:30	27 OFF	28 OFF	29

August 2023 Remind - @HDBFB9 Griffin Reed - griffin_reed@hboe.org

SUN	MON	TUES	WED	THURS	FRI	SAT
30	31 Practice 8-11:30	1 Practice 8-11:30	2 Practice 7-9 PM Under the Lights	3 Practice 8-11:30	4 Practice 8-11:30	5 UA Scrimmage
6	7 Practice 8-11:30	8 Practice 8-11:30	9 Practice 8-11:30	10 St. Charles Scrimmage	11 Practice 8-11:30	12 OFF
13	14 Practice 8-11:30	15 Practice 8-11:30	16 Practice 8-11:30	17 Practice 2:30-5:00	18 Practice 2:30-5:00 Varsity Game #1	19 Game #1
20	21 Practice 2:30-5:00	22 Practice 2:30-5:00	23 Practice 2:30-5:00	24 Practice 2:30-5:00	25 Practice 2:30-5:00 Varsity Game #2	26 Game #2
27	28 Practice 2:30-5:00	29 Practice 2:30-5:00	30 Practice 2:30-5:00	31 Practice 2:30-5:00	1 Practice 2:30-5:00 Varsity Game #3	2 Game #3