



# July Freshman Football

Remind:  
Text 81010

@HDBFB9

## 2022

| SUNDAY | MONDAY                | TUESDAY             | WEDNESDAY              | THURSDAY              | FRIDAY | SATURDAY      |
|--------|-----------------------|---------------------|------------------------|-----------------------|--------|---------------|
| 26     | 27                    | 28                  | 29                     | 30                    | 1      | 2             |
| 3      | 4                     | 5                   | 6                      | 7                     | 8      | 9             |
|        | Lifting 8:00-10:00    | Lifting 8:00-10:00  | OFF                    | Lifting 8:00-10:00    | OFF    |               |
| 10     | 11                    | 12                  | 13                     | 14                    | 15     | 16            |
|        | Practice 6:00-8:00 PM | Lifting 8:00-10:00  | Practice 6:00-8:00 PM  | Practice 6:00-8:00 PM | OFF    | Car Wash 9:00 |
| 17     | 18                    | 19                  | 20                     | 21                    | 22     | 23            |
|        | Lifting 8:00-10:00    | Practice 8:00-10:00 | 7 on 7 Scrimmage 10:00 | Lifting 8:00-10:00    | OFF    |               |
| 24     | 25                    | 26                  | 27                     | 28                    | 29     | 30            |
|        | OFF                   | OFF                 | OFF                    | OFF                   | OFF    |               |
| 31     | 1                     | 2                   | 3                      | 4                     | 5      | 6             |
|        |                       |                     |                        |                       |        |               |

# August Freshman Football

## 2022

Remind:  
Text 81010

@HDBFB9

| SUNDAY | MONDAY              | TUESDAY             | WEDNESDAY           | THURSDAY                   | FRIDAY              | SATURDAY               |
|--------|---------------------|---------------------|---------------------|----------------------------|---------------------|------------------------|
| 31     | 1                   | 2                   | 3                   | 4                          | 5                   | 6                      |
|        | Practice 8:00-11:00 | Practice 8:00-11:00 | Practice 8:00-11:00 | Practice 8:00-11:00        | Practice 8:00-11:00 | UA Scrimmage 10:00     |
| 7      | 8                   | 9                   | 10                  | 11                         | 12                  | 13                     |
|        | Practice 8:00-11:00 | Practice 8:00-11:00 | Practice 8:00-11:00 | St. Charles Scrimmage 5:30 | Practice 8:00-11:00 | OFF                    |
| 14     | 15                  | 16                  | 17                  | 18                         | 19                  | 20                     |
|        | Practice 3:00-5:30  | Practice 3:00-5:30  | Practice 3:00-5:30  | Practice 3:00-5:30         | Practice 3:00-5:30  | Olentangy Orange 11:00 |
| 21     | 22                  | 23                  | 24                  | 25                         | 26                  | 27                     |
|        | Practice 3:00-5:30  | Practice 3:00-5:30  | Practice 3:00-5:30  | Practice 3:00-5:30         | Practice 3:00-5:30  | Hilliard Bradley 11:00 |
| 28     | 29                  | 30                  | 31                  | 1                          | 2                   | 3                      |
|        |                     |                     |                     |                            |                     |                        |
| 4      | 5                   | 6                   | 7                   | 8                          | 9                   | 10                     |
|        |                     |                     |                     |                            |                     |                        |