

May 2022-Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>After School Workout</i>	3 OFF	4 OFF	5 <i>After School Workout</i>	6 <i>Morning Workout</i>	7
8	9 <i>After School Workout</i>	10 <i>After School Workout</i>	11 OFF	12 <i>After School Workout</i>	13 <i>Morning Workout</i>	14
15	16 <i>After School Workout</i>	17 <i>After School Workout</i>	18 OFF	19 <i>After School Workout</i>	20 <i>Morning Workout</i>	21
22	23 <i>After School Workout</i>	24 <i>After School Workout</i>	25 OFF	26 <i>After School Workout</i>	27 <i>Morning Workout</i> <i>Last Day of School</i>	28
29	30 OFF <i>Memorial Day</i>	31 <i>LIFTING 7-9AM</i> <i>Kids Camp</i> <i>9-12</i>				

June 2022-Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>LIFTING 7-9AM</i> <i>Kids Camp</i> <i>9-12</i>	2 <i>LIFTING 7-9AM</i> <i>Kids Camp</i> <i>9-12</i>	3 <i>OFF</i> <i>(KIDS CAMP MAKE</i> <i>-UP DAY 9-12)</i>	4
5	6 <i>Practice 8-1pm</i>	7 <i>Lifting 8-10:30am</i>	8 <i>Lifting 8-10:30am</i>	9 <i>Lifting 8-10:30am</i>	10	11
12	13 <i>Lifting 8-10:30am</i>	14 <i>Lifting 8-10:30am</i>	15 <i>Lifting 8-10:30am</i>	16 <i>Lifting 8-10:30am</i>	17	18
19	20 <i>Lifting 8-10:30am</i>	21 <i>Lifting 8-10:30am</i>	22 <i>Lifting 8-10:30am</i>	23 <i>Lifting 8-10:30am</i>	24	25
26	27 <i>OFF</i>	28 <i>OFF</i>	29 <i>OFF</i>	30 <i>OFF</i>		

July 2022-Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>OFF</i>	2
3	4 <i>OFF</i>	5 <i>PRACTICE</i> <i>8AM-1PM</i>	6 <i>PRACTICE</i> <i>8AM-1PM</i>	7 <i>PRACTICE</i> <i>8AM-1PM</i>	8 <i>PRACTICE</i> <i>8AM-1PM</i>	9
10	11 <i>PRACTICE</i> <i>8AM-1PM</i>	12 <i>PRACTICE</i> <i>8AM-1PM</i>	13 <i>PRACTICE</i> <i>8AM-1PM</i>	14 <i>PRACTICE</i> <i>8AM-1PM</i>	15 <i>PRACTICE</i> <i>8AM-1PM</i>	16 <i>CAR WASH 9am</i>
17	18 <i>PRACTICE</i> <i>8AM-1PM</i>	19 <i>PRACTICE</i> <i>8AM-1PM</i> <u>Meet the Team 6pm</u>	20 <i>7-0n-7</i> <i>10am</i>	21 <i>PRACTICE</i> <i>8AM-1PM</i>	22 <i>PRACTICE</i> <i>8AM-1PM</i>	23
24	25 <i>OFF</i>	26 <i>OFF</i>	27 <i>OFF</i>	28 <i>OFF</i>	29 <i>OFF</i>	30
31						

August 2022-Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>PRACTICE</i> 8AM	2 <i>PRACTICE</i> 8AM	3 <i>PRACTICE</i> 8AM	4 <i>PRACTICE</i> 8AM	5 <i>PRACTICE</i> 8AM <i>Gridiron 6pm</i>	6 <i>Scrimmage 1 @UA</i>
7	8 <i>PRACTICE</i> 8AM	9 <i>PRACTICE</i> 8AM	10 <i>PRACTICE</i> 8AM	11 <i>Scrimmage 2</i> <i>Home vs. St Charles</i>	12 <i>Practice 2:45pm</i>	13 <i>PRACTICE</i> 8AM
14	15 <i>Practice 2:45pm</i>	16 <i>Practice 2:45</i>	17 <i>Practice 2:45</i> <i>First Day of School</i>	18 <i>Practice 2:45</i>	19 <i>Game #1</i>	20 <i>JV GAME</i> <i>Varsity Film 9am</i>
21	22	23	24	25	26	27
28	29	30	31			

September 2022-Football

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 LABOR DAY PRACTICE 8AM-11AM	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	