



Hilliard Bradley High School/Memorial Middle School Athletic Training



It is the policy of Hilliard Bradley/Memorial, as well as the Ohio High School Athletic Association, that all student-athletes with a suspected concussion must see a physician before returning to play. We recommend that you see a sports medicine physician or a physician specifically trained in managing concussions. Our team physician, Dr. Austen Musick, is double board-certified in family medicine and sports medicine and has an additional specialty in concussion management. If you would like to schedule an appointment with him, his office number is 614-544-1155 and his office is located at 4343 All Seasons Dr, St 100, Hilliard, OH 43026. Please note that if you see another physician, we will need documentation of that visit on file in the athletic training facility prior to your child beginning return-to-play protocol.

Should your child sustain a possible concussion, they will visit the athletic training facility daily so that we can monitor their symptoms. Exceptions can be made if your child doesn't attend school, or leaves school early due to increased symptoms. Once they have been symptom-free for 24 hours without the use of medication such as Ibuprofen or Tylenol, they may begin return-to-play protocol. Per Ohio state law, OHSA regulations, and Hilliard Bradley/Memorial policy, all athletes that have been diagnosed with a concussion must complete a five-step gradual return-to-play protocol before they are released to resume normal participation in sports. An example of this return-to-play protocol can be found in our next attachment.

This protocol was developed by experts to ensure that your child's brain is fully ready to return to sport participation. Returning to sports before their brain is fully healed can cause Second Impact Syndrome, Post-Concussion Syndrome, or other permanent brain injuries. For this reason it is extremely important that your child is open and honest with the athletic training staff and their physician when they are experiencing symptoms of a concussion. We will work together to ensure that your child returns to athletics when it is safe for them to do so.

The athletic training staff will also communicate with the school to ensure that they are aware that your child may require academic accommodations during this time. Examples of accommodations include but not limited to; limiting time on their iPad, doing half school days, allowing them to rest in the clinic, or delaying tests or other assignments until they are feeling better. If you have any specific questions or concerns relating to your child's academic progress please let us or your physician know.

If you have any questions about your child's condition please be sure to reach out to our staff. We will communicate with you regarding any changes in their participation status. If you have any other questions or concerns please let us know.

Thank you,

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