



Injury and Illness Procedure



The sports medicine staff at Hilliard Bradley/Memorial is available to assist with any injuries or illness your student-athlete may experience. Our goal is to help manage these injuries and get your child back to their sport as quickly and safely as possible. Below is some information on how to best utilize the athletic training services at HBHS/HMMS. If you have any questions, please do not hesitate to reach out to our staff.

Sports Medicine Contact Information

- Athletic Trainer: Justin Budd, MA, AT, CSCS
 - Justin_Budd@hboe.org
- Athletic Trainer: Tiffany Estes, MSAH, MS, AT, PES
 - Tiffany_Estes@hboe.org
- Athletic Trainer: Rachel Reinhart, AT
 - Rachel_Reinhart@hboe.org
- Team Physician: Dr. Austen Musick, DO
 - Office: 4343 All Seasons Dr, St 100, Hilliard OH 43026
 - Office Number: 614-544-1155

Athletic Training Room (ATR) Location and Hours

- Hilliard Bradley
 - Room PE120A – Enter outside door B10 and go left. The athletic training room is next to the weight room and fieldhouse.
 - Office: 614-921-7427
 - Fax: 614-921-7431
 - An athletic trainer will be in the ATR at 1:30pm daily. Closing time will depend on the practice/game schedules of each day.
- Hilliard Memorial
 - Room 152 – Enter outside door D13 (next to the stadium). The athletic training room is inside on the right.
 - Office: 614-921-7431
 - Fax: 614-921-7431
 - An athletic trainer will be in the ATR at 2:30pm daily. Closing time will depend on the practice/game schedules of each day.
- Please note that due to variable practice and competition schedules, an AT may not be in the ATR during the entire evening. When in doubt, ask your coach for help in finding an AT.

Injury Reporting Procedure

- Student-athletes will report an injury or illness to either their coach or directly to an AT. Coaches will report any injuries to the AT staff in a timely manner.



- ATs will be available at practices and home competitions to evaluate and treat any injuries that occur. If an injury occurs during another time, student-athletes may report it at any time by coming to the ATR or telling their coach.
- ATs will communicate with coaches on each student-athlete's injury and participation status. Students are expected to communicate with their coaches regarding if they should still attend practices/games while they are injured.

Parent and Guardian Contact Procedure

- The AT staff will communicate with the parents/guardians of a student-athlete if they sustain an injury. This communication may be in either written or verbal (phone call) form. Student-athletes are expected to give their parents/guardians any written communication from the AT staff.
- If parents/guardians have questions about their child's injury or participation status, they should email the AT staff or call the AT office.

Medical Referral for Injuries or Illnesses

- Some injuries require evaluation by a physician. If this is the case, the AT staff will communicate this to the parents/guardians of that student-athlete. Choice of healthcare provider and initiation of this referral is at the discretion of the parent/guardian.
- Bradley and Memorial athletes have access to Team Physician Dr. Austen Musick. He can offer priority scheduling for these athletes and his office is located in Hilliard.
 - Dr. Musick is double board-certified in Family Medicine and Sports Medicine.
 - His office will communicate directly with the AT staff regarding a patient's injury status.
- If you choose to see your primary care physician or a physician other than Dr. Musick, documentation must be given to the AT staff.
 - This documentation should include diagnosis and participation status.
 - Student-athletes may not participate in athletics until this documentation is given to the AT staff.
- A physician must evaluate any potential concussions per OHSAA policy and State of Ohio law. Please refer to the Concussion handout on the website for more information.

Return to Play Following an Injury or Illness

- The AT staff works under the direction of team physician Dr. Musick and will determine when student-athletes are able to return to their sport safely. They will use specific protocols determined by the sports medicine team to make this determination.
- In many cases, athletes may need to gradually progress back to sport. The AT staff will communicate the level of participation to the athlete and coach. A physician note "clearing" the athlete for participation is recognized as a release to begin this gradual return to full activity.
- Athletes who suffered a concussion must undergo a five-step return to activity protocol. For more information, please reference the Concussion handout.
- If clinical evidence indicates that a student-athlete is at risk for further injury, the AT staff will protect the health of the student-athlete and will withhold athletic participation until a re-evaluation can be performed.
- Team physician Dr. Musick has the final authority on all return-to-play decisions. He will work with the AT staff to determine the overall health and wellbeing of the student-athlete in regards to their participation in athletics.
- Please contact the AT staff with any questions regarding your student-athlete's health or participation status.

