



# HILLIARD OPTIMIST LACROSSE

## \*\*\*FREE Girls Summer LAX Training\*\*\*

- Who:** All girls entering 3rd, 4th, 5th and 6th grades for school year 2019-2020
- Where:** Paul Rider Soccer Fields  
Roger A. Reynolds Municipal Park  
3800 Veterans Memorial Drive  
Hilliard, Ohio 43026
- When:** Sundays, July 21 to August 25, 2019  
3:30 pm to 5 pm
- What:** Training session to help girls of all skill levels practice stick skills, drill work and scrimmage play
- Contact:** Jen Allbright- please email the following information:  
Player first and last name, parent/guardian first and last name, phone number, grade, school, lacrosse experience, and any questions to:  
[JAllbright@columbus.rr.com](mailto:JAllbright@columbus.rr.com)

**\*Your child will need a mouthguard. Some sticks and goggles will be available for use, but if you have your own, please bring the stick and goggles to practice\***

**The opinions, products, activities and/or services of this organization are neither sponsored nor endorsed by the school district.**