

# Hilliard Schools & Syntero Present: Parenting Series

## Setting Your Child Up For Success

### **Understanding Anxiety in your Child:**

Anxiety affects a large number of students. According to the OH Yes! 2015-16 Survey, 119 middle school students and 265 high school students reported experiencing anxiety. Adolescence is already challenging, imagine what an anxious child is dealing with. Join us for a discussion on recognizing signs of anxiety in your child, and the best ways to help them succeed.

**Date:** Wednesday, October 25, 2017  
**Time(s):** 6:30-8:00 pm  
**Location:** Heritage Middle School Media Center

### **Marijuana: The Facts, the Risks, and How to Prevent Use**

According to the CDC, 21% of youth reported using marijuana within the last 30 days, and with the legalization in other states, the number of young people who believe marijuana use is "risky" is decreasing. But, what are the facts? Is marijuana addictive? How does it affect the teenage brain? How do I talk to my child about drug use? Join us to learn the answers to these questions and more.

**Date:** Thursday, November 16, 2017  
**Time(s):** 6:30-8:00 pm  
**Location:** Heritage Middle School Media Center

### **Teen Dating Violence: Relationships**

Unhealthy relationship behaviors often start early, and lead to a lifetime of abuse. According to the Centers for Disease Control & Prevention, 1 in 11 adolescents is the victim of physical dating violence. Come learn the warning signs, and ways to promote positive relationships in your teen's life.

**Date:** Wednesday, January 24, 2018  
**Time(s):** 6:30-8:00 pm  
**Location:** Heritage Middle School Media Center



#### **SYNTERO LOCATIONS:**

**Dublin:** 299 Cramer Creek Ct. • Dublin, OH 43017  
**Mill Run:** 3645 Ridge Mill Dr. • Columbus, OH 43026  
**Lewis Center:** 7100 Graphics Way, Ste. 3100 • Lewis Center, OH 43035  
**Northeast:** 3433 Agler Rd., Ste. 2000 • Columbus, OH 43219  
**Syntero Intake Department:** 614-889-5722 ext 133

[www.syntero.org](http://www.syntero.org)