

Wellness Meeting Agenda
Wednesday MARCH 14, 2018
@Ridgewoodwellness

Welcome! Thank you for adjusting your schedules to meet tonight and at Panera. We had a great meeting thanks to all of you!

Introductions:

Principal report:

~Approved of our green smoothies for our Taste Test Tuesday.

PTO:

~ Take a look at the district web page we are going to be looking at hiring a new director of
Student well being. Mental health and student well being are going to be of the highest priority as

To continue to live for the Hilliard Passion of Growth.

~Roadrunner run will be a family night as well. Movie night will begin at 830pm.

~We will be supplying post race snacks and a water container for those who do not want to use plastic water bottles after the race.

Website:

~ Please take a look under our school website. It has been updated with recipes, green smoothies,
Healthy family times and nutritional tips.

Taste Test Tuesday: Jennifer Allen:

~Hummus and tomatoes were given out and the misunderstanding of the water melons were for next

Month, not the month of March.

~ Last month for TTT will be April. Our tastings will be watermelon and peppers.

~ An added thought: A small gesture of gratitude given to the Teske family for always being there to
Volunteer.

Recycling: Jennifer Monahan:

Emailing Mr. Buchman to let him know we plan on doing our 20 minute presentation of recycling to the 1

1-3 graders. At that time we will hand out the Earth Day Promise cards for the students to fill out and

Once turned in we will hang them throughout the school which Mr. Buchman really likes the idea of.

Nurse report: None

Gardens: Michelle Drobik:

~Due to a large water bill last summer we are unable to use our water spigots this year. We can only
Use them during the remaining school days. I am allowing the garden club to use our rain barrel which
Does not need the use of rain gutter.
~ We are looking to stop at the dollar store to purchase some gallon containers which our summer
Crew can fill up at home and deliver back to the school until we can get approval for next summers
Garden water usage.

Earth Day:

~Earth day promise notes will be handed out after spring break during our recycling presentations
To the students who would like to participate. Teachers will collect and Lori will collect them before
Earth week to hang throughout the school.

Roadrunner run:

~Post race snacks provided by the Wellness Group.
~ Volunteers for post race snacks will be divided up on the SUG by Jill Snyder.
~ Silent Auction: Might be a little late to put a Wellness basket together by the deadline of 4/4/18. But
Lori is going to work on putting one together. Looking to see if Jenny can provide a sample of her
Etsy sandwich wrappers to add as well.

Lunch room :

~ Lori will sit down with our lunch room staff in May to discuss possible changes in the Trix yogurt (again) and other upgrades and concerns. Including our Share Table upgrade and possible usage for next year.

New Ideas:

~Poster board next year for the lunch room on recipes for students, vegetable awareness and
Most popular vegetables.
~ 5 Minute wrap up hopefully for next year at lunch time so students can feel full when they leave
The lunch room.
~ New TTT stickers hopefully can get printed by Lori's business.

Next meeting: MAY 16TH IN THE MEDIA CENTER AT 7PM.