

Wellness Meeting Agenda
Wednesday January 25 2017

◇ **Introductions: Thank you all for coming!**

◇ **Principal report:**

1. Mrs. Grove ordered with our leftover grant money. 4 sets of Desk pedals. Mrs. Bope and Ms Hurt received 2 and Mrs. Wheeler received 2 as well.
~ A flyer will be made for Wellness Advertising.
2. Every Tuesday the Caring Kids awards are chosen and are given a Freshly made smoothie.

◇ **Taste Test Tuesday: *Jennifer Allen (Coordinator)***

1. Volunteers needed for April.
~ Resend SUG in EBlast.

◇ **Recycling: *Jennifer Monahan***

1. Reached out to District to have Rumpke being our district recycling Company.
~ We will check again with our representative.
2. Asked Leadership Club for volunteers to "take charge" of our Lunch room recycling can.
3. Paper recycling is being done weekly by our SACC students. Thank you!

◇ **Nurse report:**

◇ **Fruit and Veggie rewards: *Mrs. Grove and Lori Gill***

1. A collage of pictures will be made near the end of school year Of all of our rewards throughout the year.
2. This month we are dishing out baked zucchini sticks.

◇ **Student Health Bulletin Board: *Robin Hersha and Lori Gill***

1. Mid February we will be creating a board about germs and Washing hands.

◇ **Gardens: *Ms. Schmidt***

1. Looking for a lead volunteer.
2. Need to periodically check on garden.
~ Immediately we need to clean out trash, bricks and Remove the red paint off of the fence. Compost needs To be emptied and take to the mulch company.
3. Flyers are made for conference night to hand out to parents for

Volunteers.

4. Kim Van Gundy and her Girl Scout troop will be helping with the gardens along with Jeff Collins.

◇ **Earth Day: Saturday April 22**

1. Earth Day Promises will be made for students to fill out that week. Promise papers will be left in the lunchroom all week for students to fill out On how they would like to change the earth.

2. Jenny Monahan will be in the lunch room on the 21st to hand out Stickers and Lori Gill will be there to hang up Earth Day Promises.

◇ **Roadrunner run with CAF:**

1. Will possibly ask PTO for monies for non toxic face paint and post Race snacks.

~ Water that was provided last year will be discussed
At a later meeting.

2. Need volunteers to man post race snack and possible water station At the finish line.

~ Flyers are being made to hand out and post for
Conference week.

◇ **Lunch room trays:**

1. We will not be able to use the blue reusable trays this year. District Denied the change. We have the option to use the paper trays as Horizon Elementary is trying now.

~ Problem is students are dropping food and not taking enough Food because of room on tray. We will discuss paper trays With our lunch room staff and see if it's workable.

◇ **Web Page:**

1. Asked to put tasting calendar on the front of our school website.
2. Looking to put healthy and influential material under our Wellness Tab on our website similar to Hilliard Crossing Elementary website.

◇ **Face book Page: *Lori Gill***

1. Please pass on the good word about our face book page. You can Like it on Face book to receive meeting times.

~ Updates, pictures and all the action taking place at school will be posted.

~  @RidgewoodWellness

◇ **New Movement:**

1. Keisa Lee a parent at the school would like to volunteer some of her

Time to put yoga in our classrooms.

~ First contact maybe through a sign up in the Teachers Lounge
To see which teachers to start with.

◇ Old Ideas/New Ideas:

- ◇ 1. ****Getting fruit and veggies as snack baskets in hallways. **Bring your parent to lunch day (Kiwi Mag). Health fair. Open Gym day on Saturday, PTO Walking club. (Before school or during recess once a week)**

Next meeting: February 22 2017 at 4pm in the Media Center