

- Introductions
- Taste Test Tuesday update (Dave Wilson)
- Fruit & Veggie Charts (Tara Grove)
 - Teachers have them in their rooms
 - Need recipes for smoothies from Tamar
 - Follow up about last year's FUTPGO funds – can they be transferred to Ridgewood Wellness? Are they still available for spending?
- Gardens (Gina Minameyer)
 - Gina will send pictures and stories to Kris Cave to post on the website
 - General garden updates:
 - SACC garden club is now started!
 - Plans for harvesting the produce – harvesting will be open to the entire school (announcements posted in teacher's lounge)
 - Cindy will share gardening curricula with teachers
 - Suggestion to extend the gardening maintenance schedule to go through September (starting March 2016)
- Recycling (Jennifer Monahan)
 - Cafeteria recycling project
 - Start with 5th grade, then move down grade levels until all grades are participating
 - Jennifer will write up roles and responsibilities of the project
 - Tara will recruit student volunteers

- Food service staff may be able to assist with composting after measuring food waste (need to separate out protein foods from compost)
 - Ridgewood may already have bins; additional bins may be ordered from the fire department - need to confirm this
- PTO Parties & Snacks
 - Suggestion that Wellness Committee draft a list of acceptable food choices for snack offerings at 2 PTO parties
 - Brainstorm ideas independently and bring to next meeting to share & discuss
 - Ideal to have 3 food choices at each party so that students with food restrictions will still have an option they can choose
- Items not covered in this meeting
 - Earth Day
 - PNO through the school
 - Health Fair
 - Open gym on Saturdays (during the winter months)
- Next meeting - November 18 @ 4PM in the media center